



Ballet Conservatory - Workshop A Begins June 19 thru July 20, 2023

Workshop A is for:
Those currently in Ballet 2 AND
Those currently in Ballet 1 who are at least 7 years old.
Younger 1x students are eligible to take Workshop A.

We are looking forward to working with you this summer to help you to make maximum improvement! This will happen if you take advantage of all the weeks of workshop and do your best to keep consistent attendance. Continue your stretching and conditioning exercises outside of class, especially on the weekends, and keep a notebook with your corrections and notes from your teachers. Writing down your corrections helps you to remember them. 😊

ITEMS NEEDED: Hair to be worn in a neat bun. Black leotard, pink convertible tights, pink leather ballet shoes, short ballet skirts may be worn; black jazz pants, black jazz shoes, snug-fitting shorts over tights, or leggings to pull on quickly; notebook with pocket, pencil, water bottle or change for vending machine, and a healthy snack/lunch. A 30 minute break is scheduled each day for lunch. Please bring your labeled lunch and water bottle each day.

COST: Workshop A - \$550 for all 5 weeks or \$110 per week.

WHEN: Mondays and Wednesdays 9:30 am to 1:00 pm

MONDAYS: 9:30am to 1:00pm

9:30am to 10:00am **A/B Stretch Class** in B with Waters

10:00am to 11:00am **A Ballet** in C with Waters

11:00am to 11:30am **Port de Bras Class and Terminology Games** in C with Waters

11:30am to 12:00noon **Lunch**

12:00pm to 12:30pm **Leaps and Turns** in D with Clark

12:30pm to 1:00pm **A/B Ballet Stories!** In C with Waters

WEDNESDAYS: 9:30am to 1:00pm

9:30am to 10:15am **A/B Modern Dance** in A with Lannin

10:15am to 11:00am **A Jazz** in D with Thie

11:00am to 11:30am **Lunch**

11:30am to 12:30pm **A Ballet** in C with Waters

12:30pm to 1:00pm **Acting for Dancers in Studio** in D with Thie

***See tap options on Wednesdays below!**

Tap 1/2 is on Wednesdays from 1:15 to 2:00pm

***Tap is not part of the workshop but is available on the Open Schedule. You will need to enroll for it separately on your Jackrabbit account.**



Ballet Conservatory - Workshop B Begins June 19 thru July 20, 2023

Workshop B is for:

Those currently in Ballet 3 AND 3X

Older 2X students may take this level with Teacher Recommendation

We are looking forward to working with you this summer to help you to make maximum improvement! This will happen if you take advantage of all the weeks of workshop and do your best to keep consistent attendance. Continue your stretching and conditioning exercises outside of class, especially on the weekends, and keep a notebook with your corrections and notes from your teachers. Writing down your corrections helps you to remember them. 😊

ITEMS NEEDED: Hair to be worn in a neat bun. Black leotard, pink convertible tights, pink leather ballet shoes, short ballet skirts may be worn; black jazz pants, black jazz shoes, snug-fitting shorts over tights, or leggings to pull on quickly; notebook with pocket, pencil, water bottle or change for vending machine, and a healthy snack/lunch. A 30 minute break is scheduled each day for lunch. Please bring your labeled lunch and water bottle each day.

COST: Workshop A - \$550 for all 5 weeks or \$110 per week.

WHEN: Mondays and Wednesdays 9:30 am to 1:00 pm

MONDAYS: 9:30am to 1:00pm

9:30am to 10:00am **A/B Stretch Class** in B with Waters
10:00am to 10:45am **B Jazz** in D with Clark
10:45am to 11:15am **Leaps and Turns** in D with Clark
11:15am to 11:35am **Lunch**
11:35am to 12:30pm **B Ballet** in C with Waters
12:30pm to 1:00pm **A/B Ballet Stories!** In C with Waters

WEDNESDAYS: 9:30am to 1:00pm

9:30am to 10:15am **A/B Modern Dance** in A with Lannin
10:15am to 11:30am **B Ballet** in C with Waters
11:30am to 12:00pm **Lunch**
12:00pm to 12:30pm **Acting for Dancers in Studio** in D with Thie
12:30pm to 1:00pm **Port de Bras Class and Terminology Games** in C with Waters

***See tap options on Wednesdays below!**

Tap 1/2 is on Wednesdays from 1:15 to 2:00pm

Tap 3/3x is on Wednesdays from 3:45 to 4:45pm

IDC Skills Tap Class (open to anyone in IDC) is on Wednesdays from 2:00 to 2:45pm

Tap 4/5 and Advanced Tap is also available for those who are currently in these levels.

****Tap is not part of the workshop but is available on the Open Schedule. You will need to enroll for it separately on your Jackrabbit account.***



Ballet Conservatory Workshop C/D

Begins June 19 thru July 20, 2023

Workshop C/D is for:

Those currently in Ballet 4 AND 4X

AND Ballet 5 students who are not on pointe yet or beginner pointe students

We are looking forward to working with you this summer to help you to make maximum improvement! This will happen if you take advantage of all the weeks of workshop and do your best to keep consistent attendance. Continue your stretching and conditioning exercises outside of class, especially on the weekends, and keep a notebook with your corrections and notes from your teachers. Writing down your corrections helps you to remember them. 😊

ITEMS NEEDED: Hair to be worn in a neat bun. **This summer, any color leotard may be worn in this level**, pink convertible tights, pink canvas ballet shoes, short ballet skirts may be worn; black jazz pants, black jazz shoes, snug-fitting shorts over tights, or leggings to pull on quickly; notebook with pocket, pencil, water bottle or change for vending machine, and a healthy snack/lunch. A 20 to 30 minute break is scheduled each day for lunch. Please bring your labeled lunch and water bottle each day.

COST: Workshop C/D - \$800 for all 5 weeks or \$160 per week.

WHEN: Mondays, Tuesdays, Wednesdays and Thursdays 10:15 am to 2:00 pm

(During Week 3, we will meet Friday, July 7th instead of Tuesday, July 4th as we are closed on the Fourth of July.)

MONDAYS: 10:15am to 2:00pm

10:15am to 11:30am **Ballet** in A with Loch
11:30am to 12:00pm **Pointe/Pre-Pointe** in A with Loch
12:00pm to 12:30pm **Lunch**
12:30pm to 1:30pm **Hip Hop or Contemporary** in A with Clark
1:30pm to 2:00pm **Stretch Class** in A with Waters

TUESDAYS: 10:15am to 2:00pm

10:15am to 11:30am **Ballet** in A with Lannin
11:30am to 12:00pm **Pointe/Pre-Pointe** in A with Lannin
12:00pm to 12:30pm **Lunch**
12:30pm to 1:15pm **Variations** in A with Lannin
1:15pm to 2:00pm **Tuesday Talk!** in B w/ Alternating Faculty **Week 1: Ronnie Underwood; Week 2: Liuba Paterson; Week 3: Steven Loch; Week 4: Kelly Lannin; Week 5: Nancy Loch**

WEDNESDAYS: 10:15am to 2:00pm

10:15am to 11:30am **Ballet** with (Pointe barre for those on pointe) in A with Lannin
11:30am to 11:50am **Lunch**
11:50am to 1:00pm **Choreography Class** in A with Lannin
1:00pm to 1:30pm **Beats and Leaps** in A with Waters
1:30pm to 2:00pm **Port de Bras Class and Terminology** in A with Waters

***See tap options on Wednesdays below!**

THURSDAYS: 10:15am to 2:00pm

10:15am to 11:00am **Conditioning** in A with Loch
11:00am to 12:00pm **Ballet** in A with Waters
12:00pm to 12:15pm **Lunch**
12:15pm to 1:15pm **Jazz Styles** in A with Clark
1:15pm to 1:30pm **Snack**
1:30pm to 2:00pm **Pointe/Turns** in A w/ Alternating Faculty **Week 1: Ronnie Underwood; Week 2: Liuba Paterson; Week 3: Steven Loch; Week 4: Kelly Lannin; Week 5: Nancy Loch**

Tap 1/2 is on Wednesdays from 1:15 to 2:00pm

Tap 3/3x is on Wednesdays from 3:45 to 4:45pm

IDC Skills Tap Class (open to anyone in IDC) is on Wednesdays from 2:00 pm to 2:45pm

Tap 4/5 and Advanced Tap is on Wednesdays at 2:15pm to 3:30pm for those currently in these levels.

Tap is not part of the workshop but is available on the Open Schedule. You need to enroll for it separately on your Jackrabbit account.



Ballet Conservatory - Workshop E/F

Begins June 19 thru July 20, 2023

Workshop E/F is for:

E is for LBT2 pointe students AND Level 5 students who are intermediate pointe.

F is for Advanced Level students

Workshop E/F will have an alternating faculty for each week of the workshop in ballet and pointe work/variations:

WEEK 1: Ronnie Underwood; WEEK 2: Liuba Paterson; WEEK 3: Steven Loch; WEEK 4: Kelly Lannin; WEEK 5: Nancy Loch

Please Note: Week 1 begins with a special Pas de Deux Intensive with very Special Guest Teacher, Ronnie Underwood, who is a former Principal Dancer with Ballet West and starred on the reality series, "Breaking Pointe." Week 1 schedule will be different from the other four weeks and meet Monday thru Thursday from 4:00pm to 8:30 pm instead of the daytime schedule. Evening classes will allow us to have more men attend. We will start each day at 4pm with Technique Class with Ronnie followed by Pointe Warmup, Pas de Deux Basics and learning Pas de Deux Repertoire. An informal demonstration for the parents will be held Thursday at 7:30 pm. Beginning Week 2, we will follow the regular Intensive schedule below. You may still come to "Tuesday Talk" with Ronnie from 1:15 to 2:00pm on Tuesday!

We are looking forward to working with you this summer to help you make maximum improvement! This will happen if you take advantage of all the weeks of workshop and do your best to keep consistent attendance. Continue your stretching and conditioning exercises outside of class, especially on the weekends. Keep a notebook with your corrections and notes from your teachers. Writing down your corrections helps you to remember them. 😊

ITEMS NEEDED: Hair to be worn in a neat bun. **Any color leotard may be worn in this level**, pink convertible tights, pink canvas ballet shoes, pointe shoes, short ballet skirts may be worn; black jazz pants, black jazz shoes, snug-fitting shorts over tights, or leggings to pull on quickly; notebook with pocket, pencil, water bottle or change for vending machine, and a healthy snack/lunch. A 20 to 30 minute break is scheduled each day for lunch. Please bring your labeled lunch and water bottle each day.

COST: Workshop E/F - \$1,080 for all 5 weeks; or \$300 for Pas de Deux Intensive Week and \$195 for all other weeks.

WHEN: Mondays, Tuesdays, Wednesdays and Thursdays - 9:30 am to 2:30 pm on Mon/Thu and 9:30 to 2:00 on Tue/Wed
(During Week 3, we will meet Friday, July 7th instead of Tuesday, July 4th as we are closed on the Fourth of July.)

MONDAYS: 9:30am to 2:30pm *This Schedule begins Week 2!*

9:30am to 10:10am **Conditioning** in A with Loch
10:15am to 12:00am **Ballet** in B with Alternating Faculty
12:00pm to 12:30pm **Lunch**
12:30pm to 1:30pm **Pointe/Variations** in B with Alternating Faculty
1:30pm to 2:30pm **Hip Hop or Contemporary** in B with Clark

TUESDAYS: 9:30am to 2:00pm

9:30am to 10:10am **Foam Rolling Class** in B with Lannin
10:15am to 11:45am **Ballet** in B with Alternating Faculty
11:45am to 12:15pm **Lunch**
12:15pm to 1:15pm **Pointe/Variations** in B with Alternating Faculty
1:15pm to 2:00pm **Tuesday Talk!** in B with Alternating Faculty

WEDNESDAYS: 9:30am to 2:00pm

9:30am to 10:10am **My Favorite Stretches and Conditioning** in B with Alternating Faculty
10:15am to 11:45am **Ballet** in B with Alternating Faculty
11:45am to 12:15pm **Lunch**
12:15pm to 1:15pm **Pointe/Variations** in B with Alternating Faculty
1:15pm to 2:00pm **Leaps and Turns** in B with Alternating Faculty
***See tap options on Wednesdays below!**

THURSDAYS: 9:30am to 2:30pm

9:30am to 10:10am **Conditioning** in A with Loch
10:15am to 11:45am **Ballet** in B with Alternating Faculty
11:45pm to 12:15pm **Lunch**
12:15pm to 1:15pm **Pointe/Variations** in B with Alternating Faculty
1:15pm to 2:30pm **Jazz Styles** in B with Clark

Tap 3/3x is on Wednesdays from 3:45 to 4:45pm

IDC Skills Tap Class (open to anyone in IDC) is on Wednesdays from 2:00 to 2:45pm

Tap 4/5 and Advanced Tap is on Wednesdays at 2:15pm to 3:30pm for those currently in these levels

Tap is not part of the workshop but is available on the Open Schedule. You need to enroll for it separately on your Jackrabbit account.