

# THE BALLET CONSERVATORY

## 2026 Recital Parent Guide

Braswell High School • 26750 E. University Dr., Aubrey, TX 76227

*Recital week is one of our favorite times of year, and we know it can feel like a lot to keep track of. This guide is our way of making sure you and your dancer walk in feeling prepared and confident. We're so grateful for your support — it truly makes a difference.*

### Key Dates

- **Show 1:** Saturday, June 6 • 11:00 am – 12:30 pm
- **Show 2:** Saturday, June 6 • 2:00 pm – 5:00 pm
- **Mandatory Tech Rehearsals:** Wednesday, June 3 & Thursday, June 4 • Braswell High School (see Tech Schedule on website for times and details)
- **Mandatory Tech/Dress (Show 1):** Thursday, June 4 • Braswell High School (see Tech Schedule on website for times and details)
- **Mandatory Dress Rehearsal (Show 2):** Friday, June 5 • 6:30 pm • Braswell High School
- Advanced level students and Intensity Dance Company perform at both shows.

Admission is free — no tickets needed. The program will be available online to print or view on your phone.

### Attendance — Please Read Carefully

We know life is busy, and we appreciate how much your family gives to make this happen. That said, consistent attendance is essential for your dancer and for the whole cast:

- **All classes in May are especially important.** Please make every effort to attend.
- **Missing 4 of the last 8 studio lessons** means a dancer will not be allowed to perform. No refund will be given.
- **Missing any rehearsal at Braswell High School** also means a dancer cannot participate in the recital. This was noted in your original Participation Agreement.
- Arrive at your scheduled check-in time and plan to stay through the end of your time slot. Late arrivals affect the whole cast.

### Costume Meetings

- At least one parent must attend all costume meetings during costume week as costumes cannot be released directly to the dancer. If you must miss a meeting, please come by the studio to pick up your dancer's costume(s). Specific details may be given by the teacher so please check with Room Mom.
- A detailed costume notes document will be released before the recital that shares specifics on shoes, tights, hair, etc. for each dance.

### Arrival & Check-In

- Check-in is required for every rehearsal and performance. The table will be in the lobby.
- Specific check-in times are on the Rehearsal Schedule on the website.
- **Emergency or arrival issue on the day of rehearsal? Call or text 972-768-3938 (theater cell).**
- Parents of open-level students under 14 must accompany their dancer to all Braswell rehearsals. Teachers are occupied on stage, so parent supervision is needed.

## Dressing Rooms

Dressing rooms are available during tech/dress rehearsals and performances. Here's how to make the most of them:

- **Arrive in street clothes.** Do not dress your dancer in their costume at home — we want to protect costumes and teach good theater habits.
- Do hair and make-up at home. Dressing rooms get crowded quickly. **Room moms and costume staff are not responsible for your child's hair and makeup.**
- Mothers and dancers only in assigned dressing rooms. Fathers and brothers are welcome to wait in the lobby.
- Runners will collect dancers about 6–7 dances before they go on, and return them to the dressing area afterward.
- Change into street clothes before leaving the dressing room — even if you're headed straight to the car. **No costumes in the lobby or audience at any time.**
- Parents may not go on stage for any reason during rehearsals or performances.
- Bring your own mirror if you need one — most dressing areas don't have them.

## Costumes

Your dancer has worked hard all year, and their costume is a big part of the moment. A little prep at home goes a long way:

- Costumes are not released until all fees and tuition are paid in full.
- Unpack and hang costumes immediately. Hang tutus upside down. Use a cool iron and thin towel if there are wrinkles. **Label every item your dancer brings (especially shoes!!)**
- Complete all requested alterations and steaming prior to tech week.
- **New tights are required for the performance.** Ballet = Capezio Ballet Pink; Jazz/Tap = Suntan; Modern = Suntan footless. No shiny or glossy tights. We recommend bringing a backup pair of tights as well in case they get a run in them.
- No panties under costumes. **No nail polish (no toenail polish for modern). No jewelry unless specified by your teacher.** Band-Aids may cover new piercings if earrings cannot be removed.
- Headpieces must be secured with plenty of bobby pins and hairspray.
- Make a checklist: spare tights, bobby pins, hairspray, safety pins, needle and thread. When one dancer forgets an accessory, the whole class may have to go without.
- **Twinkle Costumes:** After parents of Twinkle dancers get their child ready for their first dance in the dressing room, they will watch from the audience. Our backstage team will change them into their second costume. **Please have their second dance costume - and ONLY those costume items - in labeled bag given during costume week.**

## Hair & Make-Up

Stage lights wash out features, so make-up is required for all dancers including boys and men.

- Ballet & Twinkle: Bun with bangs slicked back and pinned. Use gel, heavy hairspray, **and a hair net.** No loose hair. A bun tutorial is on our website.
- Specific hairstyles for each dance will be indicated in the costume notes.
- **All dancers wear stage make-up:** foundation, powder, neutral eye shadows, eyeliner, mascara, blush, and our studio red lipstick (available at Ballet Conservatory). Twinkle dancers need lipstick, blush, brow pencil, and neutral eye shadow.
- False eyelashes are required for adults, A-1, and Advanced students.
- Men and boys: light foundation, powder, neutral blush, and lightly defined brows.

## Dress Rehearsal and Tech/Dress Rehearsal:

- Show 1 will have a tech/dress rehearsal, meaning **dancers will need to come in performance makeup and hair and will wear their costume.** They will also review their placing on the stage at this time.
- Show 2 will have a full dress rehearsal. **Performance makeup, hair, and costumes are required.**

## Quick Changes

- Very quick changes - those with 2 or few dances between costume changes - must be discussed with the costume team prior to recital. **An assisted quick change request list will be backstage during tech week for the dancer to make a plan with the costume team on how they need help.**
- Quick changes with three to four dances between can be made in the designated quick change areas but will need to arrange assistance if the dancer feels they need it.

## Theater Etiquette

We love that our families are known for being gracious and professional at performances. Here's how we keep that reputation:

- **No food, drink, or gum in the auditorium or dressing rooms. Water only while in costume.**
- **No photos or video during the recital.** Please silence your phone. Professional video is included in your recital fee and will be emailed to you.
- **No saving more than 1–2 seats.** A reserved section will be available for room moms helping with costume changes.
- No talking, running, or horseplay backstage or in the hallways.
- Dance shoes stay indoors. No touching curtains or props backstage.
- Dress rehearsals are a great time to grab photos in front of our sign — get them then, as they are not allowed during the show!

## Anniversary Awards

- Students who have been dancing at Ballet Conservatory for 5, 10, and 15 years will be presented awards at the Show 2 dress rehearsal.
- Those only in Show 1 will receive their awards at the beginning of that performance. Those students will line up in the costume for their first dance prior to the show.

## Room Moms:

- Recital cannot take place without the help of our Room Moms who ensure dancers are ready for their dances, manage their accessories, and keep dancers secure back stage.
- Please consider signing up to be a room mom during your child's costume meeting.
- Room moms and the costume team are volunteers and must be treated with respect. Please be kind! Verbal abuse will result in your child being removed from the show.

## When Can My Dancer Watch the Show?

- Dancers stay in the dressing room until after their last dance.
- Dancers under the age of 13 must be checked out with their room mom before leaving. Do not ask your young dancer to just meet you in the lobby.
- Once they're done, they can change into street clothes and join you in the audience.
- We love when dancers stay to cheer on their classmates — especially for the finale, which is always worth it!

## **Still Have Questions?**

We're here for you. Don't hesitate to reach out:

- **Costume specifics:** contact your room mom.
- **Day-of emergencies:** call or text 972-768-3938.
- **General questions:** call or email the studio anytime.
- **Rehearsal Schedule and Order of Dances:** available at [www.BalletConservatory.com](http://www.BalletConservatory.com)

*We are so proud of every single one of our dancers. Thank you for sharing them with us.*

*We can't wait to see them shine on stage!*